

CYCLING INFORMATION

Daijoubu System

The "Daijoubu System", an ally of cyclists!

The Daijoubu System is a support system for cyclists in Tottori Prefecture that is promoted with the cooperation of local communities in order to provide safe and comfortable cycling. Depending on the characteristics of the registered facility, we provide services such as installing bike racks, pumping air in the tires, tools, use of toilets, and water provision.



The following five types of "Daijoubu System" are used.

- Cyclist-friendly Inn (Accommodation)**
- Cogstation (Rental Bicycle Base)**
- Cycle Cafe (Restaurant)**
- Cycle Port (Convenience Store)**
- UD TAXI** (UD taxi equipped with a cycle carrier)

CHECK! You can check the contents of registered facilities and their services from here.

Cogstations & Rental Bicycles

In the prefecture, in addition to the Cogstations (bicycle rental bases), rental bicycles are provided at tourist facilities and traffic node stations amongst others.



CHECK! You can check bicycle rental information in the prefecture from here.

UD taxi equipped with a cycle carrier

If you are unable to move due to a problem while cycling, please use a UD Taxi equipped with a cycle carrier to load your bicycle inside the vehicle.

*One bicycle can be affixed to the carrier for each taxi.
*You can use it for the price of a minicab fare.



CHECK! You can check here for companies operating UD taxis equipped with a cycle carrier.

Bicycle shop

CHECK! You can check information about bicycle shops in the prefecture from here.

Medical facility

CHECK! You can search for medical facility information in the prefecture from here.

RECOMMEND-10 Yumeminato Tower

You can enjoy a 360 degree panoramic view from the observation gallery.

Address: 255-3 Takeuchi Danchi, Sakaiminato-shi

RECOMMEND-11 Miho Bay Observation Deck Parking Lot

A rest area where you can see the planes taking off and landing at the airport from close up.

Address: 30-4 Sarukawa-cho, Sakaiminato-shi

RECOMMEND-12 Yumigahama Beach

A scenic cycling course that runs along sandy beaches and through pine forests, offering views of Mt. Daisen across the ocean. There is also a foot bath (Ashiyu) at Kaike Onsen on the course, which can soothe your tired feet.

Address: 4-5 Kaike Onsen, Yonago-shi

RECOMMEND-13 Eshima Ohashi Bridge (Betabumizaka)

The bridge is called "Betabumizaka (pedal to the metal slope)" because it looks steep.

Address: Watari-cho, Sakaiminato-shi

RECOMMEND-14 Yonago Waterbird Sanctuary

A bird paradise where up to 10,000 wild birds of over 100 species visit each year.

Address: 665 Hikanashinden, Yonago-shi

RECOMMEND-15 Yonago Castle Ruins

The view from the keep overlooking the sea and mountains is superb.

Address: Kume-cho, Yonago-shi

B Yumigahama Cycling Course

Course Difficulty: ★☆☆☆

Distance: 15.8 km | Elevation gained: 64 m

START: Sakai Yumeminato Terminal or Hinogawa River Estuary

GOAL: Hinogawa River Estuary or Sakai Yumeminato Terminal

A scenic cycling course that runs along sandy beaches and through pine forests, offering views of Mt. Daisen across the ocean. There is also a foot bath (Ashiyu) at Kaike Onsen on the course, which can soothe your tired feet.

RECOMMEND-16 Mukibanda Historical Park

A large archaeological site from the Yayoi period that was built on a hill at an altitude of 90 to 150 meters with a panoramic view of the Sea of Japan.

Address: 115-4 Maki, Daisen-cho, Saihaku-gun

RECOMMEND-17 Mt. Daisen

It is famous, and the highest peak in the Chugoku region. You can enjoy various activities and beautiful scenery in every season.

Address: Daisen, Daisen-cho, Saihaku-gun

RECOMMEND-18 Daisenji Temple

During the Kamakura and Muromachi periods, the temple enjoyed great prosperity as a large temple on the level of temples such as Heizan Enryakuji.

Address: 9 Daisen, Daisen-cho, Saihaku-gun

C Lake Nakaumi Cycling Route

Course Difficulty: ★★★☆

Distance: 70.4 km | Elevation gained: 332 m

START: Yonago Kitaro Airport

GOAL: Yonago Kitaro Airport

A cycling route that goes around Nakaumi, which is registered under the Ramsar Convention. Along the line is the Eshima Ohashi Bridge, which is known as "Betabumizaka (pedal to the metal slope)".

RECOMMEND-19 Sea-to-Summit Kaike/Daisen Route

Course Difficulty: ★★★☆

Distance: 48 km | Elevation gained: 993 m

START: JR Sakaiminato Station

GOAL: Daisen Parking Lot

A cycling route that runs from Sakaiminato via Kaike Onsen and up to Mt. Daisen, the highest peak in the Chugoku region, allowing you to enjoy cycling around the sea, the countryside, and the mountains all at once.

RECOMMEND-19 Shoji Ueda Museum of Photography

The museum displays the works of photographer Shoji Ueda. From inside the building, you can enjoy the "Upside-down Mt. Daisen" reflected in the water.

Address: 363-3 Sumura, Houki-cho, Saihaku-gun

RECOMMEND-20 Hino River Cycling Route

A flat cycling route running along the Hino River. You can see the gently sloping and beautiful Mt. Daisen, known as "Houki Fuji."

Distance: 18.3 km | Elevation gained: 88 m

START: Kaike Hashi Nishizume

GOAL: Kaike Hashi Nishizume

A flat cycling route running along the Hino River. You can see the gently sloping and beautiful Mt. Daisen, known as "Houki Fuji."

RECOMMEND-21 Daisen Makiba Milk-no-Sato

A facility inside Daisen ranch whose special soft ice cream is very popular.

Address: 2-31 Kobayashi, Houki-cho, Saihaku-gun

RECOMMEND-22 Mizukue-no-Kayabukigoya

A photo spot where you can see the cottage with a thatched roof and Mt. Daisen.

Address: Mizukue, Kofu-cho, Hino-gun

RECOMMEND-23 Daisen Falls

It is the largest waterfall in the prefecture and was chosen as one of the "Best 100 Waterfalls of Japan."

Address: Noigura, Kofu-cho, Tohaku-gun

F Daisen Highlands Cycling Route

Course Difficulty: ★☆☆☆

Distance: 9.3 km | Elevation gained: 183 m

START: Daisen-cho Tatarado intersection

GOAL: Houki-cho Kanayadani intersection

G Tour de Daisen Cycling Route

Course Difficulty: ★★★★★

Distance: 82.6 km | Elevation gained: 2,183 m

START: Daisen Parking Lot

GOAL: Daisen Parking Lot

It is a gentle cycling route across the middle of Mt. Daisen.

It is an advanced route that goes around the foot of Mt. Daisen, the highest mountain in the Chugoku region.

RECOMMEND-24 The abandoned former National Railways Kurayoshi Line

The site of the former National Railways Kurayoshi Line. It is also maintained as a trekking course.

Address: 17-1 Takiguchi, Sekigane-cho, Kurayoshi-shi

RECOMMEND-25 Kurayoshi Shirakabe Dozo-gun Akagawara

An area where you can enjoy the quaint townscape with red tiles and white walls.

Address: Around Togiyamachi, Uomachi, Higashimurakami-cho, Shimomachi 1-chome, Kurayoshi-shi

RECOMMEND-26 Chinese Style Garden Encho-en

One of the largest authentic Chinese gardens in Japan.

Address: 565-1 Hikaji, Yurihama-cho, Tohaku-gun

H Kurayoshi Togo Cycle Road

Course Difficulty: ★☆☆☆

Distance: 24.3 km | Elevation gained: 63 m

START: Ishizuka, Kurayoshi-shi

GOAL: Nagouta, Yurihama-cho

An easy-to-ride cycling route that follows the abandoned former National Railways Kurayoshi Line to the shores of Lake Togo, where you can enjoy a variety of scenery. You can enjoy sightseeing at spots in the central part of the prefecture such as the Kurayoshi Shirakabe Storehouses, Hawaii and Togo Onsen.

RECOMMEND-27 Roadside Station Seiryu Chaya Kawahara

There are many local prefectural specialty products, cafes, restaurants, and takeout shops.

Address: 837 Takafuku, Kawahara-cho, Tottori-shi

RECOMMEND-28 Tottori Onsen

A hot spring located in the city within walking distance from Tottori Station.

Address: Suehiroonsen-cho, Errakoonsen-cho, Tottori-shi Around Yoshikata Onsen

RECOMMEND-29 Mochigase Nagashibina-no-Yakata

The building is based on Kinokuni Temple. Approximately 1,000 Hina dolls and other objects are on display.

Address: 32-1 Befu, Mochigase-cho, Tottori

I Tottori-Okayama Connection Cycling Route

Course Difficulty: ★★★☆

Distance: 46.6 km | Elevation gained: 1,167 m

START: JR Tottori Station

GOAL: Tatsumi Pass

A cycling route from Tottori Station to Tatsumi Pass, one of the best mountain passes in the Chugoku region. An irresistible section for hill lovers awaits them near the pass.

RECOMMEND-30 Hayabusa Station

The station is a sacred place for riders of Suzuki's high-powered Hayabusa motorcycle.

Address: Fukui, Yazu-cho, Yazu-gun

RECOMMEND-31 Roadside Station Hatto

Seasonal fruits harvested in the town are sold. The honey flavored soft ice cream is popular.

Address: 625 Tokumaru, Yazu-cho, Yazu-gun

RECOMMEND-32 Wakasa Station

It is the terminal station of Wakasa Railways, which has a retro wooden station building and SL.

Address: Wakasa, Wakasa-cho, Yazu-gun

J Yazu-Wakasa Circuit Cycling Route

Course Difficulty: ★☆☆☆

Distance: 44.2 km | Elevation gained: 499 m

START: JR Kogane Station

GOAL: JR Kogane Station

Wakasa Railways, a Nationally Registered Tangible Cultural Property, is built in parallel with the route, and you can enjoy both the railway and cycling in the countryside.

Other recommended cycling trails

In Tottori Prefecture, there are many attractive cycling trails that take advantage of the rich natural land.

East Iwami Course Difficulty: ★★★☆

Iwami Tour Route

Distance: 58 km | Elevation gained: 1,177 m

A course to visit Satoyama and the coastline in Iwami

Central Yurihama Course Difficulty: ★☆☆☆

Togoichi

Distance: 12 km | Elevation gained: 147 m

Togoichi, a 12 km short trip around Lake Togo

West Yonago and Hiezu Course Difficulty: ★★★☆

A trip to enjoy the sea breezes of the Sea of Japan, ancient history, famous waters and onsen

Distance: 37.5 km | Elevation gained: 403 m

Experience the Sea of Japan and Mt. Daisen, and visit fishing ports and ancient ruins

West Daisen Course Difficulty: ★☆☆☆

Enjoy a downhill journey from Mt. Daisen, a majestic mountain rich in nature, to the sparkling blue Sea of Japan.

Distance: 25.4 km | Elevation gained: 155 m

The 1,300 year history of the magnificent mountain, Mt. Daisen and a downhill experience of the beech forest

West Nanbu Course Difficulty: ★☆☆☆

A trip to enjoy one of Japan's largest flower parks, the scenery of the satoyama, and shrines

Distance: 29.6 km | Elevation gained: 259 m

Satouchi-satoyama selected by the Ministry of the Environment, a city where cherry blossoms and fireflies dance

West Houki Course Difficulty: ★☆☆☆

A trip to experience the majestic Houki Fuji (Mt. Daisen) at the foot of Mt. Daisen and taste the famous water and local products.

Distance: 24.2 km | Elevation gained: 356 m

Feel the power of Houki Fuji (Mt. Daisen) right up close!

West Nichinan Course Difficulty: ★★★☆

A journey where you can enjoy refreshing yourself by visiting auspicious shrines and experiencing nature and literature.

Distance: 36.5 km | Elevation gained: 582 m

A course where you can fully enjoy nature, including the valley, rare plants and creatures, and the starry sky.

West Hino Course Difficulty: ★★★☆

A trip to pray for good luck with the clear flowing waters of the Hinogawa River and Neushuku, and the history of tatara in the background

Distance: 30.9 km | Elevation gained: 638 m

It's full of interesting places to see such as the clear flowing waters of the Hinogawa River, Neushuku in Izumo Kaido Syukubamachi and Kamochi-jinja Shrine

West Kofu Course Difficulty: ★☆☆☆

Oku-Daisen: A trip to enjoy nature and the seasons in western Japan's largest primeval beech forest and natural water areas

Distance: 19.7 km | Elevation gained: 93 m

Visit the scenic spots overlooking natural water areas and the south wall of Daisen

MANNERS

Follow the rules and enjoy cycling >

Basic rules for safe cycling

- Cycle on the left side of the road.
- At intersections, be sure to follow the rules and "stop temporarily" to ensure safety.
- Turn on your lights at night and in tunnels.
- Please do not drink and ride, ride two to a bike, or ride while looking at your smartphone.
- Ride in a single line and not abreast.
- Wear a helmet to protect yourself.
- Let's take out bicycle liability insurance.
- Don't forget to pay attention to pedestrians and cars.

INFORMATION

Tottori Prefecture cycling information

とっとり BICYCLE TRIP 自転車旅

You can search for cycling information in Tottori Prefecture from here.

We also put out information on SNS! Official Instagram Official Facebook

Tottori Prefecture tourist information

とっとり旅

You can search for tourist information about Tottori Prefecture from here.

Tottori Prefectural Government, Shining Tottori Creation Headquarters, Tourism and Exchange Bureau Tourism Strategy Division, Cycling Tourism Promotion Office

1-220 Higashimachi, Tottori 680-8570, Tel: 0857-26-7273

miura-ori

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